

NRHI SAN Reducing Unnecessary Utilization RESOURCE LIST

Module 1: Creating Clinician and Consumer Engagement to Implement Choosing Wisely in Practice:

Embedded slide deck with audio recording:

<https://show.zohopublic.com/publish/6x19e426a53741d6d4fbfb43fddc34aeba11d?viewtype=1>

Audio recording: <https://vimeo.com/165611874>

Q and A: <https://nrhisn.healthdoers.org/viewdocument/reducing-unnecessary-3>

Additional Resources:

For employers:

- [Implementing Choosing Wisely in the workplace](#)

For health care providers:

- <http://www.choosingwisely.org/how-can-implement-choosing-wisely-in-my-practice-or-health-system/>

For consumers:

- Am I choosing Wisely <http://www.choosingwisely.org/am-i-choosing-wisely/>
- Costs of Care <http://www.costsofcare.org/>

Module 2: Creating a Transition Care Model to Improve Care Coordination:

Slide deck with embedded audio recording: [click here](#)

Q and A: <https://nrhisn.healthdoers.org/viewdocument/reducing-unnecessary-6>

Additional Resources

- PRHI (Pittsburgh Regional Health Initiative)
 - www.prhi.org
- JHF Closure
 - www.closure.org
- CMS Penalties
 - <https://www.cms.gov/medicare/medicare-fee-for-service-payment/acuteinpatientpps/readmissions-reduction-program.html>
- Explanation of CMS Penalties
 - <http://khn.org/news/a-guide-to-medicare-readmissions-penalties-and-data/>

Links to PRHI Projects:

- RAVEN
 - <https://www.jhf.org/whatwedo/whatwedo-2/projects-and-programs/raven>
- Patient Care Resource Center
 - <http://www.jhf.org/admin/uploads/PCRC-Project-1-Pager.pdf>
- Practice Transformation
 - <https://www.prhi.org/whatwedo/organizations-systems/practice-transformation>

The Four Collaborative Care Models:

- BOOST Model
 - https://partnershipforpatients.cms.gov/p4p_resources/tsp-preventablereadmissions/toolpreventablereadmissions.html
- RED Model
 - <https://www.bu.edu/fammed/projectred/>
- Transition Care Model
 - http://www.caregiving.org/wp-content/uploads/2015/05/2015_CaregivingintheUS_Care-Recipients-Over-50_WEB.pdf
- Care Transition Intervention Model
 - <https://caretransitions.org/about-the-care-transitions-intervention/>

Module 3: Empowering Clinicians to Reduce Unnecessary Care: Understanding Practice Pattern Variation

Slide deck: https://nrhi1.sharepoint.com/:b:/g/ESQu0wnWPuVBlop-nGq6fn8B3aNI_FPEojPSG9HHINe-gA?e=vEn79w

Audio Recording: <https://vimeo.com/191809565>

Q and A: [click here](#)

Additional Resources:

- [10 Essential Steps to Effectively Engaging Physicians](#)
- [Working in Concert, A How-To Guide to Reducing Unwanted Variations in Care](#) (2014), online through the California Healthcare Foundation.
- [Beyond The Efficiency Index: Finding A Better Way To Reduce Overuse And Increase Efficiency In Physician Care](#) (2008), download PDF through Health Affairs
- [Cost and Quality in Hypertension Care: Observations from a Primary Care Quality Improvement Initiative](#) (2015), online through Quality in Primary Care
- [Lost in Translation: Physicians' Struggle With Cost-Reduction Programs](#) (2011), Abstract available online through Annals of Internal Medicine, full PDF available to subscribers

Module 4: Strategies for Clinics to Address Imaging for Low Back Pain and Cost of Care

Slide Deck: [click here](#)

Audio Recording: <https://vimeo.com/252779066>

Q & A: [click here](#)

Additional Resources:

- **ACP recommendations**
 - [Non-specific low back pain](#)
 - [Lumbar spine imaging for adults](#)
 - [First six weeks](#)
- **ACR SAN:**
 - [Appropriateness Criteria](#)
 - [Clinical Decision Support](#)
- **Maryland Health Care Commission:**
 - [Low Back Pain Imaging: Costs, Risks and Communication Strategies](#)
 - [Image Gently](#)
 - [Image Wisely](#)
 - [What Strategies Do Physicians and Patients Discuss to Reduce Out-of-Pocket Costs?](#)
 - [Study of Physician and Patient Communication Identifies Missed Opportunities to Help Reduce Patients' Out-of-Pocket Spending](#)
 - [Patient-Physicians Discussion About Costs: Definitions and impacts on Cost Conversation Incidence Estimates.](#)

Module 5: Improving Access to Specialty Care to Reduce Unnecessary ED Visits

Slide Deck with embedded audio recording: [click here](#)

Q & A: [click here](#)

Additional Resources:

- [American College of Physicians High Value Care & Medical Neighbor/High Value Care Coordination Tool Kit & Curricula](#)
- [ACP HVCC Training](#)
- [ACP Educators Resources](#)
- [IHI: Optimizing Patient Workflow](#)
- [IHI: Improving Patient Access Doesn't Mean Increasing Workload](#)
- [AHRQ: Improving Patient Flow and Reducing Emergency Department Crowding](#)

- [A Primary Care Guide for Reducing Avoidable Emergency Department Visits](#)
- [Choosing Wisely Tools & Resources](#)

Module 6: Advance Care Planning & POLST: A Strategy to Address Re-Admissions

Slide Deck with embedded audio recording: [click here](#)

Advance Care Planning Resources:

- www.prepareforyourcare.com
 - Shows people, through videos and a step-by-step process, how to have conversations and make informed medical decisions.
- www.polst.org
 - Center for Ethics in Health Care Oregon Health & Science University
- <https://www.agingwithdignity.org/>
 - Five Wishes help start and structure important conversations about care in times of serious illness
- www.caringinfo.org
 - Download state specific Advance Directives
- www.compassionandsupport.org
 - Coalition for Compassionate Care of California
- www.hardchoices.com
 - “Hard Choices for Loving People”: A resource for professionals, patients, and their families regarding end-of-life decisions
- www.aging.pitt.edu/professionals/resources.htm
 - Aging Institute of UPMC Senior Services and the University of Pittsburgh

Billing Resources:

- <https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/AdvanceCarePlanning.pdf>
 - Department of Health and Human Services CMS
- <https://www.aafp.org/practice-management/payment/coding/medicare-coordination-services/acp.html>
 - American Academy of Family Physicians
- <https://hospiceofcincinnati.org/>
 - Hospice of Cincinnati

Module 7: Understanding and Facilitating the Role of Specialists and Sub-Specialists in Preventing Unnecessary Hospital Care

Slide Deck with embedded audio recording: [click here](#)

Q & A: [click here](#)

Additional Resources:

- [Compendium of Health Risk Assessments](#)
- [Care Transitions Toolkit \[BOOST\]](#)
- [Re-engineered Discharge Toolkit](#)
- [Obsolete or Ineffective Care Interventions by Specialty](#)
- [CDC Prevention of Surgical Site Infections](#)
- [Enhanced Recovery After Surgery: A Review](#)
- [Adding Clinical Pharmacists to the Care Team](#)

For additional NRHI SAN resources: <https://nrhisn.healthdoers.org/home>