

## NRHI SAN Behavioral Health Integration RESOURCE LIST

### Module 1: Addressing Behavioral Health Issues in Primary Care

Slide deck: [Click here](#)

Audio recording: <https://vimeo.com/162533639>

NRHI SAN BHI Q and A: [click here](#)

#### Additional Resources:

- Alegria et al., National Comorbidity Survey Replication 2001-2003. Ann Arbor: Interuniversity Consortium for Political and Social Research, 2003
- Walker et al., Mortality in Mental Disorders and Global Disease Burden Implications: A Systematic Review and Meta-analysis, JAMA Psychiatry, February 2015
- Mental Health and Chronic Disease, CDC Issue Brief No. 2, October 2012
- Archer et al., Collaborative Care for Patients with Depression and Anxiety Problems, Cochrane Database of Systematic Reviews, October 2012

### Module 2: Building Internal Capability

Slide deck with embedded audio recording: [click here](#)

NRHI SAN BHI Q and A: [click here](#)

#### Additional Resources:

- <https://www.thinglink.com/channel/622854013355819009/slideshow>  
The SAMHSA-HRSA quick guide to integrated care – encyclopedic in scope
- [http://thekennedyforum-dot-org.s3.amazonaws.com/documents/KennedyForum-BehavioralHealth\\_FINAL\\_3.pdf](http://thekennedyforum-dot-org.s3.amazonaws.com/documents/KennedyForum-BehavioralHealth_FINAL_3.pdf)  
This issue brief very clearly explains evidence-based vs. non-evidence-based approaches for integrating physical and behavioral health.
- <http://www.integration.samhsa.gov/BehavioralHealthandPrimaryCareIntegrationandthePCMH-2009.pdf>  
Many people find it helpful to understand the “four quadrants” of integrated care (section 4 of the PDF), since it provides a framework and gives you options to consider based on different patient populations.
- <https://aims.washington.edu/collaborative-care/implementation-guide>  
Collaborative Care Management is the evidence-based approach for depression in primary care.
- <http://www.cdc.gov/ncbddd/fasd/documents/alcoholsbiimplementationguide.pdf>  
SBIRT is the evidence-based approach for alcohol misuse in primary care.

- <https://www.qualitymeasures.ahrq.gov/search/search.aspx?term=depression>  
Regardless of what model you select for integrating care or to what extent you integrate care, it is critical to incorporate measurement and data-driven QI into the care process and into the implementation process.
- [http://www.integration.samhsa.gov/integrated-care-models/Behavioral Health Integration and the Patient Centered Medical Home FINAL.pdf](http://www.integration.samhsa.gov/integrated-care-models/BehavioralHealthIntegrationandthePatientCenteredMedicalHomeFINAL.pdf)  
Connects PCMH efforts and behavioral health integration for primary care settings.
- <http://www.safetynetmedicalhome.org/change-concepts/organized-evidence-based-care/behavioral-health>  
A highly practical and field tested approach from leaders in the field.

### Module 3: Care Processes and Connections

Slide deck: [click here](#)

Audio Recording: <https://vimeo.com/184333350>

NRHI SAN BHI Q and A: [click here](#)

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#### **Module 4: Measuring and Improving Care for Depression**

Slide deck: [Click here](#)

Audio Recording: <https://vimeo.com/193947611>

NRHI SAN BHI Q and A: [click here](#)

Additional Resources:

- Short video on the administration of the Patient Health Questionnaire-9:  
<https://www.youtube.com/watch?v=pgGtflI96g>
- Recording to Behavioral Health Integration Module 1: Addressing Behavioral Health Issues in Primary Care: <https://vimeo.com/162533639>
- Recording to Behavioral Health Integration Module 2: Building Internal Capability  
<https://vimeo.com/172139992>
- Recording to Behavioral Health Integration Module 3: Care Processes and Connections <https://vimeo.com/184333350>
- Minnesota cost, quality and patient experience information:  
<http://www.mnhealthscores.org/>

***For additional NRHI SAN resources: <https://nrhisn.healthdoers.org/home>***