

## **NRHI Launches National Physician Leadership Seminar**

**PORTLAND, Maine – August 27, 2014** – The [Network for Regional Healthcare Improvement](#) (NRHI), a leader in transforming U.S. healthcare, held its first National Physician Leadership Seminar at Stanford University. Funded by the Robert Wood Johnson Foundation, this seminar provided an opportunity for 16 physician leaders from across the U.S. to work with their peers to equip them with the data, skills and support they need to lead healthcare cost reduction while maintaining quality of care in their communities. The robust curriculum included compelling reasons to change, along with change leadership approaches and skill development, overview of total cost-of-care and resource-use analyses, and connection to peer-support platforms.

“Excessive U.S. healthcare spending growth is the single biggest threat to our economy and a call to action for physician leaders. This seminar can be the start of catalyzing an American health care system that delivers better care with less,” says Dr. Arnie Milstein, Professor of Medicine and Clinical Excellence Research Center Director at Stanford University who kicked off the seminar with this call to action.

“Meaningful change will happen in communities when everyone is at the table. One of the most influential stakeholders in this change is physicians. With healthcare costs consuming the U.S. economy, physician leaders are pivotal to changing this trajectory,” says Elizabeth Mitchell, President and CEO, NRHI.

This seminar is part of NRHI’s [Total Cost of Care](#) pilot that will produce actionable practice-level reporting to enable identification of the drivers of regional healthcare costs and development of strategies to reduce spending at the community level. Five Regional Health Improvement Collaboratives (RHICs)—[Center for Improving Value in Health Care](#), [Maine Health Management Coalition Foundation](#), [Midwest Health Initiative](#), [Minnesota Community Measurement](#), and [Oregon Health Care Quality Corporation](#)—are currently developing a common measurement standard of total cost and resource use with the goal of working with their stakeholders to reduce costs.

To sign up for future National Physician Leadership Seminars, email [NRHI](#).

### **Contact Information:**

#### **About NRHI**

The Network for Regional Healthcare Improvement is a national organization representing regional multi-stakeholder groups working towards achieving the Triple Aim of better health, better care, and reduced costs through continuous improvement. NRHI and all of its members are non-profit organizations, separate from state government, working directly with physicians, hospitals, health plans, and patients using data to improve health care. For more information, visit us on the web at [www.nrhi.org](http://www.nrhi.org). Follow NRHI on Twitter at @RegHealthImprov

**About the Robert Wood Johnson Foundation**

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**Editorial Contacts:****NRHI**

Louise C. Merriman  
Director of Communications  
(207) 805-1673  
Email: [lmerriman@nrhi.org](mailto:lmerriman@nrhi.org)